



NMS Code: 752073

# PGY2 Palliative Care / Pain Management Pharmacy Residency

**University of Iowa College of Pharmacy** 

Program Director: James B. Ray, PharmD, CPE (james-ray@uiowa.edu)

Program Coordinator: Lorin Fisher, PharmD, BCACP (lorin-fisher@uiowa.edu)

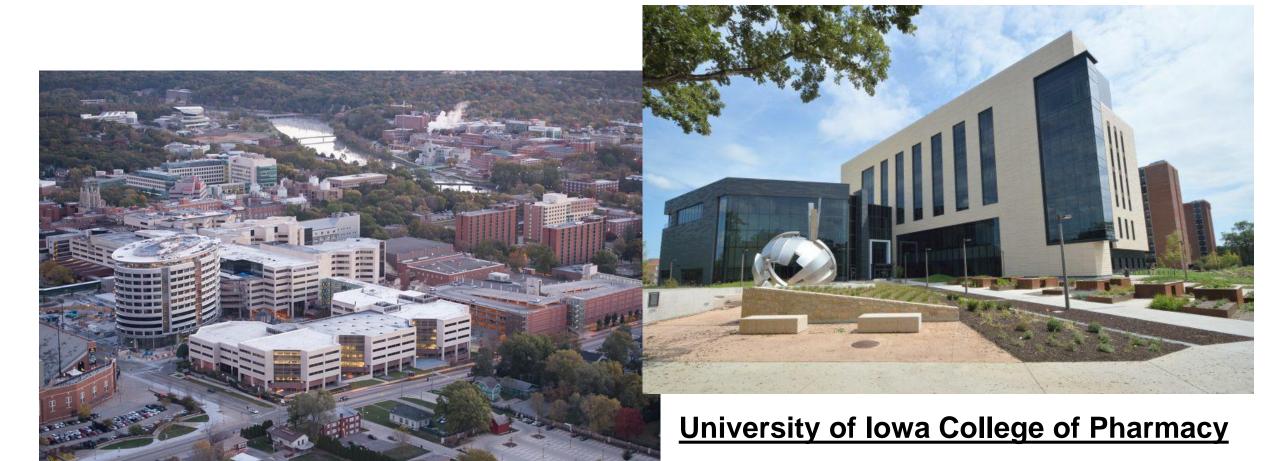
#### **Our Mission**



Nurture and grow resident pharmacists to become pharmacotherapy experts who provide compassionate clinical care, innovative, and effective education, rigorous, relevant research, and progressive leadership in the fields of pain management, palliative care, and hospice



Immersion with interprofessional teams throughout the year and graduate with the experience to be an integral member of an interprofessional team engaged in pain management, palliative care, or hospice



**University of Iowa Hospitals & Clinics** 



ASHP-Accredited since August 4, 2017



## **General Program Information**



One PGY2 Resident

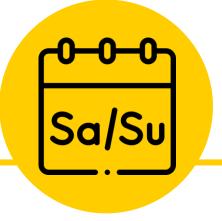


Annual stipend: \$45,000

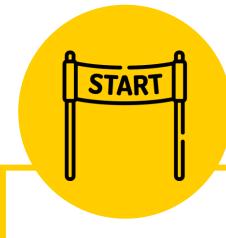
Travel stipend

10 days vacation + sick time

Health benefits



No weekend clinical staffing



Start date: July 1, 2022



## **Required Rotations**

Orientation

Acute Pain Management

Chronic Pain Management

Inpatient Palliative Care 1

Inpatient Palliative Care 2

Substance Use Disorder Clinic

Hospice

Longitudinal

Palliative Care Clinic

Research

Teaching

Continuing Professional Development



#### **Elective Rotations**

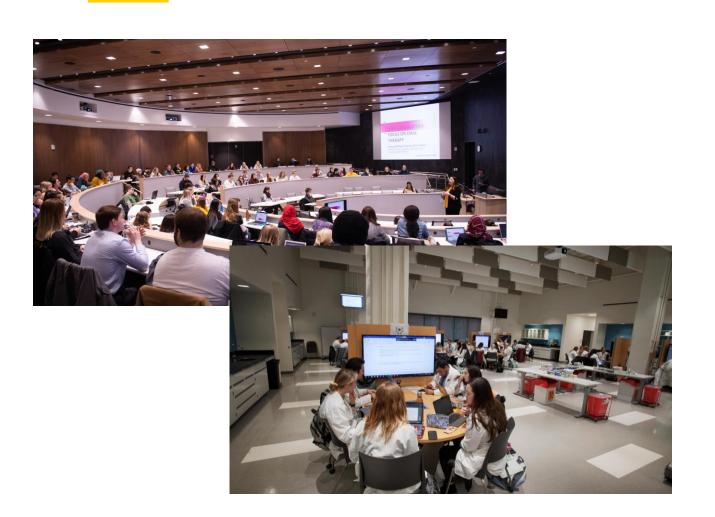


- Academia
- Adult Inpatient and Outpatient Oncology
- Consulting and Pharmacy Benefits Management
- Global Palliative Care (Pallium India)
- Hospice Elective
- Pain Management Elective
- Pain Management Stewardship
- Palliative Care / Concurrent Hospice Care (Iowa City VA)
- Pediatric Specialties
- Psychiatry

Many additional possibilities!



### Other Learning Experiences



Pharmacy Educators
Program for Residents
& Fellows (PEPPR)

Delivery / participation in interprofessional educational opportunities



### Interprofessional Collaboration

**Hospice & Palliative Medicine Fellowship** 

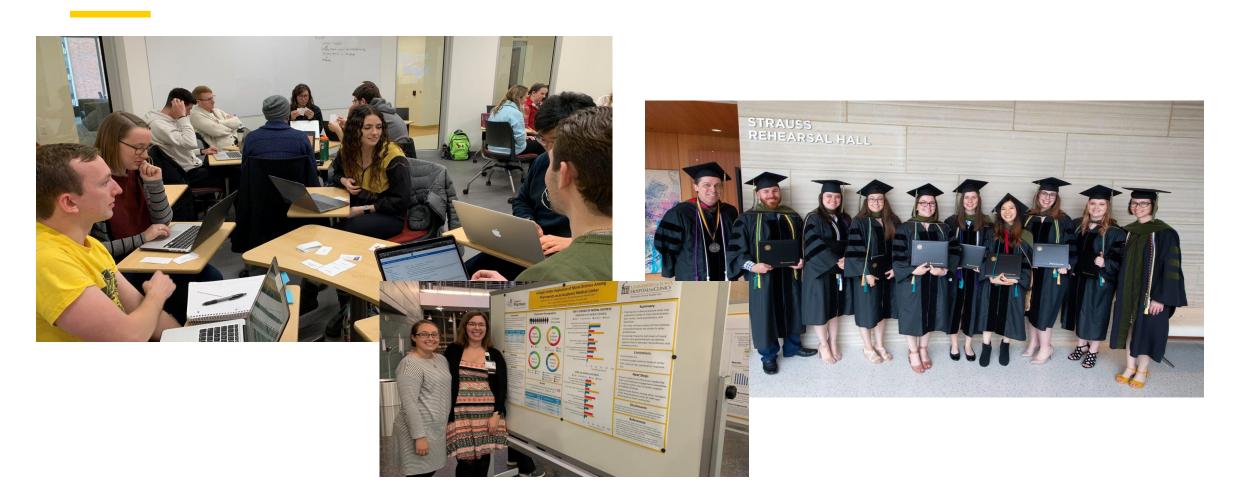
Pain Medicine Fellowship



**UIHC Supportive & Palliative Care Team** 



## Palliative Care Certificate Program



<u>University of Iowa College of Pharmacy – Palliative Care Certificate Program</u>



## **Key Program Preceptors**



James B. Ray, PharmD, CPE

Program Director

Inpatient Palliative Care Pharmacy Specialist



Lorin Fisher, PharmD, BCACP
Program Coordinator
Outpatient Palliative Care Pharmacy Specialist



## **Key Program Preceptors**



Lee Kral, PharmD, CPE, FASHP

Inpatient/Outpatient Pain
Management
Pharmacy Specialist



Kashelle Lockman, PharmD, MA

PEPPR Program
Coordinator

Outpatient Palliative Care Pharmacy Specialist



Shane Madsen, PharmD, BCPS

Inpatient/Outpatient
Palliative Care
Pharmacy Specialist



Michelle Schmidt, PharmD, BCGP

Inpatient Palliative Care Pharmacy Specialist



#### **Current Resident**



"I chose the University of Iowa's Palliative Care and Pain Management PGY2 program because of the wide variety of inpatient and outpatient rotation experiences in multiple specialties, both in palliative care and other disciplines. The entire residency team has been so flexible with my schedule design and never hesitates to foster my personal practice interests, whether in the form of projects, lecture opportunities, or rotations. Each preceptor this year has challenged me to be an independent, well-rounded practitioner with critical thinking and self-care skills. Iowa City is also a wonderful place to live and work with many restaurants and breweries, outdoor activities, and art and culture offerings to explore!"

Marianne Carter, PharmD Interests: Palliative Care, Oncology



#### **Former Residents**



Sarah Hannig, PharmD, BCPS

Adjunct Clinical Assistant Professor
University of Iowa College of
Pharmacy

2020 - 2021



Theodore Nguyen, PharmD, BCPS

Clinical Pharmacist
Los Angeles County
Department of Mental Health
2019 – 2020



Jennifer Ku, PharmD, BCPS

Palliative Care Pharmacist
MedStar Georgetown University
Hospital
2018 – 2019



Eva Coulson, PharmD, BCPS

Pain & Oncology
Pharmacist
Kaweah Delta Medical Center
2017 – 2018



#### **Former Residents**

"The program at Iowa, unlike other PGY2 residencies, provides multiple rotations in both palliative care and pain management across different practice settings with robust interprofessional teams. It's a great learning environment for those not yet decided on a particular track or hoping to be a well-rounded clinician while exposing you to gold standards of practice like music therapy for anxiety, legacy work for end-of-life patients, and biofeedback therapy with a pain psychologist for chronic pain. Furthermore, the faculty focused on fostering critical problem solving - a useful skill when practicing in an area with limited evidence and complex patient cases - as well as the soft skills necessary to promote career longevity or to navigate the administrative and cultural challenges in establishing your own clinical pharmacy service. The biggest factor that led me to be 'bold' with my rankings was the dedication of the faculty and the palliative care team in teaching self-care. It is an aspect of professional practice that is often overlooked and is now considered vital amidst a pandemic. For me, it was hard learning how to prevent burnout but this program made it easier with its compassionate faculty and partnership with the hospice and palliative medicine fellowship."



Jennifer Ku, PharmD, BCPS jennifer.ku@gunet.georgetown.edu



#### **Former Residents**



"Going to the University of Iowa PGY2 in Palliative Care and Pain Management was one of the best decisions I've made. I felt this program was very robust in providing a wide array of opportunities in academic experiences, flexibility for progressive pharmacy practices, phenomenal mentorship, and unique experiences/clinical adventures (Pallium India). The beauty of this program is that it is very flexible to what your interests are and where you hope to grow.

One of the key things that drew me to this program was the fact that the pharmacy residency was embedded into the medical fellowship, and it had a comprehensive holistic team dynamic (music therapist, chaplain, social worker, etc). This allowed me to expand my knowledge outside of 'just pharmacy knowledge'. In addition to the complex pharmacology, I wanted to understand the aspects of physical assessments, medical procedures, psychosocial issues, and spiritual concerns. This program really has the whole package."

Theodore Nguyen, PharmD, BCPS theodorenguyenpharmd@gmail.com



#### **SOLACE** Collaborative

**S**cholarship

**O**utreach

Leadership

**A**dvocacy

**C**ompassionate Care

**Education** 

#### NOW

- Peer-reviewed publications and grants awarded
- Cambia Health Foundation Sojourns Scholar
- Clinical intervention tracking – cost savings

#### **FUTURE**

- Expanded regional hospice collaborations
- Palliative Care
   Certificate for
   Practicing Pharmacists
- Increasing cocurricular palliative care service opportunities



## Life in Iowa City

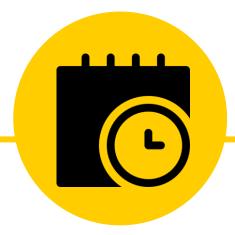


"Iowa City is big college town mixed with suburbia and nice outskirts of nature. I loved the ability to be immersed with nature: seeing fireflies, going to Kent Park, doing free activities with the Johnson County Conservation, exploring Maquoketa caves, experiencing the full array of seasons. For the foodies, there are several hidden gems (restaurants and ethnic markets) to be found in Iowa City - feel free to ask me about them!"

Life in Iowa City Think Iowa City



## **Application Information**



#### **Deadline:**

January 7, 2022

**NMS Code:** 752073

PhORCAS Code: 61015

## Three Letters of Recommendation

#### **Letter of Intent**

Including response to one of the following prompts:

- A time when you faced barriers to success and how you navigated/are navigating them
- An impactful experience that influenced the person you are today







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